

# MONTANA CHEMICAL DEPENDENCY CENTER POLICY AND PROCEDURE MANUAL

|   |  |
|---|--|
| <b>Policy Subject: Cardiopulmonary Resuscitation Policy (CPR)</b> |  |
| <b>Policy Number: MNP 08</b>                                      | <b>Standards/Statutes: ARM 37.27.130</b> |
| <b>Effective Date: 01/01/02</b>                                   | <b>Page 1 of 2</b>                       |

**PURPOSE:** To provide appropriate medical care to a patient experiencing a cardiac event.

**POLICY:** In the case of an emergency cardiopulmonary arrest, it is the charge nurse's responsibility to direct the management of basic life support (BLS) and cardiopulmonary resuscitation (CPR) until further assistance is obtained from the 911 Advanced Life Support Team. All medical and nursing staff are trained in CPR.

**PROCEDURE:** Upon determination of an unresponsive patient, the nurse should:

- I. Shout for help. Note the time.
- II. Instruct the first available assistance to dial 911. If alone, the nurse needs leave the patient and call 911. The caller should request the ALS (advanced life support) team. The caller should talk in a clear, calm voice and give exact location of the emergency. The caller should note the time of the call. The caller will also page code medical to obtain further assistance from MCDC personnel.
- III. Obtain the resuscitation equipment located nearest to the emergency and immediately begin cardiopulmonary resuscitation as instructed in CPR training.
- IV. Available staff should instruct all other patients to leave the immediate area.
- V. Instruct someone to direct ALS team to the location of the arrest.
- VI. Direct and maintain CPR until the arrival of the ALS team.
- VII. Note the time of the arrival of the ALS team.

VIII. Stand by to be of any assistance to the ALS team.

IX. Notify doctor on call.

### X. Notify MCDC Administrator.

XI. Document all occurrences in detail in the progress notes on the patient's chart.

XII. Be supportive to others on the unit.

Revisions:

|  |                           |                 |
|--|---------------------------|-----------------|
| Prepared By: <u>Colleen Todorovich, RN</u> | <u>Nursing Supervisor</u> | <u>06-26-01</u> |
|  | Title                     | Date            |

Approved By: \_\_\_\_\_ 01/01/01  
David J. Peshek, Administrator